

BY LIFE PATH

NUMEROLOGY

WITH NUMEROLOGIST SHEENA MACKIE

INSTRUCTIONS...

Add up your full date of birth to find out your number e.g. 23/06/1976, this date is added as follows: 2+3+0+6+1+9+7+6 = 34 which then is added like so: 3 + 4 = 7. The numbers 11, 22 and 33 are not reduced.



September: Think of regularity as a good friend this month. When you have a plan, even smaller amounts of money can bring you closer to your goals. You'll be thinking things over and may have to deal with issues of control. Respect is especially important to you now, but keep your ego in check. Take your time in decision-making too, heeding your intuition. Wise words explain your state of being. **October:** Working towards a higher purpose motivates you. Documentaries, life stories, history and art all may interest you and provide the basis for many conversations. You may even teach or lecture. Some 1s will be moving house or workplace. This is a time for endings and new beginnings. You will benefit from meditation, outdoor activities, yoga, breathing exercises and a less heavy or acidic diet. **November:** Those in business or seeking employment opportunities are likely to meet with success. Important meetings or presentations are likely. You may find yourself in a position of responsibility and be required to supervise or plan ahead. A sense of freedom comes from romantic encounters this month. Singles may find someone of particular interest, leading to a continuing friendship or romance.



September: This should be a good month for you. If you find yourself herded into a position of power, use your sensitivity to give you insight. Aim to strike a compromise in your relations with others - a win-win solution. You'll enjoy reading and keeping up with the latest cutting edge ideas. Keywords for you are application, integration and action. On the health front, sunlight and psychic shielding benefit you. **October:** Instead of letting your mind run rings around you, use your thoughts creatively. When others speak over you, you may have a tendency to withdraw; however, avoid becoming disheartened or irritated, as there is power in the written word. You'll be good at precise, detailed work this month. Physically, it will benefit you and you will enjoy music, dancing, movement and sensual



September: Practical issues of survival may take up your energy, so resolve your problems swiftly and move beyond your fears. You'll feel a need to escape from the pressures of daily life. Ensuring that you have some quiet time to rest, will help. In business, if you can hold your own in a project, success is likely. There are opportunities, but time is of the essence. Drumming, dancing, chanting or Pilates are healing for you now. **October:** Discipline will take you where you want to be. If you are working as part of a team or as the team-leader, realise the power of your attitude. You will learn a great deal from listening, rather than talking. Why not get all that you want to say together and do a presentation? On the home front, you have a flair for colour and design and a taste for the exotic. **November:** It is time to establish a sense of order in your life and all that you do. If you make outlandish claims or boast outrageously, make sure you can back it up with facts. This is a good time for working with paint and fabrics. Keep yourself busy, as lethargy leads nowhere productive this month. Consider your financial health. Perhaps it is time to seek some solid advice or to establish a few ground rules.



September: An independent streak, coupled with a flair for marketing and sales this month, enables you to take on new challenges. A lot of thought is going into your decisions. Getting up above it all, whether by mountain, hot air balloon, plane, lookout or the top of a building, helps you immensely. There are many possibilities and the future is looking promising. **October:** This month, there are likely to be improvements in your romantic life. Through some good fortune, you may be able to put an end to some niggling problems. Set some new financial targets or at least, remind yourself of your goals. Aim to maintain a calm centre amidst the activity going on around you in your life. The sea air and open spaces are healing for you. Knowing who you are and what you need



will strengthen your resolve. **November:** This is a good month for you. A desire for freedom and adventure is nudging you to take a day trip somewhere and relax. Focus upon your goals, as each step takes you closer. Connecting with your inner-voice will help you to stay on track. Others may extend a helping hand just when you need it. Consider ways to enhance your daily routine and create more joy in your life.

September: Your vivid imagination may trick you into thinking that you can achieve your goals faster than reality dictates. Use your mind wisely, to create your vision for the future. The outside world can seem harsh at times, but you will escape into your own sanctuary. Spending more time around the home undertaking simple activities such as cooking, craft or gardening balances you, as does gentle exercise. **October:** Discuss your financial needs with a qualified professional or banker. A joint effort may give you the boost that you need. Clear goals will give you a sense of direction and provide a guiding light. Spiritual or religious texts may inspire you now. You'll be intrigued by, and connected to, distant locations. Your tastes are quite eclectic at the moment. Health-wise, avoid skipping meals. **November:** You may experience an urge to simply fly away. Why not let your creative mind take a journey instead? There are dreams and visions which you are not capturing and using to your advantage. Start writing down your ideas. Take action and make something of your restless energy. It is what you DO that makes a difference. In relationships, the same principles apply. The proof is always in the pudding.



September: This month is a positive time for improving investments, buying or selling, changing banks or funds, loans, or attending to legal matters. A celebration is in the wings. In relationships, ensure that you spend quality time with your loved ones, remembering the value of sharing. History or mythology may interest you. To be at your best, stick to a regular exercise routine and a bland but nutritious diet. **October:** Socially, this is a busy time. You are likely to be attending functions, entertaining guests and may even receive an award or wonderful compliment. Upgrades to your home may include the entertainment equipment, purchase of homewares or improvements to the kitchen. Spiritually, this is a time of growth and development. You may decide to change your appearance and will want to be first in. **November:** A certain restlessness